

Medium 🌶️ Hot 🌶️🌶️ Very Hot 🌶️🌶️🌶️ (V) Vegetarian
(G) Contains Gluten

STARTERS

SPICE GRILL 🌶️	£5.25
Selection of Chicken, Lamb Tikka & Sheek Kebab	
CHICKEN / LAMB TIKKA 🌶️	£4.95
Chicken or Lamb marinated and barbecued	
KING PRAWN PURI (G) 🌶️	£5.95
Spiced King Prawns served on a fried flat bread	
TANDOORI KING PRAWN 🌶️	£4.95
Two Roasted whole King Prawns with the tail	
PRAWN PURI (G) 🌶️	£4.95
Lightly Spiced Prawns on a fried flat bread	
GARLIC MUSHROOM PURI (G) (V)	£4.50
Garlic and spices on a fried bread	
SALMON TIKKA 🌶️	£6.95
Marinated in Tikka spices, yogurt & herbs, cooked over charcoal	
LAMB / VEGETABLE SAMOSA (G) (V)	£3.95
Filled with spiced lamb or vegetables	
ONION BHAJI (V)	£3.95
Two onion bhajis fried crispy	

TANDOORI

Cooked over Charcoal . Served with a side salad.

CHICKEN / LAMB TIKKA 🌶️	£9.95
Tender pieces marinated in spices and yogurt	
TANDOORI CHICKEN 🌶️	£9.95
Half chicken on the bone roasted in the tandoor	
TANDOORI MIX GRILL (G) 🌶️	£10.95
Assortment of Tandoori chicken, Chicken Tikka, Lamb Tikka & Sheek Kebab. Served with a Naan (G)	
CHICKEN SHASHLIK 🌶️	£10.95
Juicy Chicken with peppers, onions and tomatoes.	
SPICE SPECIAL SIZZLER 🌶️	£11.95
Shredded chicken on a sizzling bed of spices, peppers & chilli	
KING PRAWN SHASHLIK 🌶️	£12.95
Roasted King Prawns with peppers, onions and tomatoes.	



THE SPICE

ELMSTEAD MARKET

CLASSIC FAVOURITES

CHICKEN	£9.50
LAMB	£9.95
CHICKEN TIKKA	£10.50
LAMB TIKKA	£10.95
KING PRAWN	£11.95
MIXED VEG (V)	£8.95
CURRY 🌶️ - Basic traditional curry	
MADRAS 🌶️🌶️ - Fairly hot traditional curry	
VINDALOO 🌶️🌶️🌶️ - Very hot traditional curry	
KORMA - Mild and creamy with coconut	
BHUNA 🌶️ - Thick sauce with onions and tomatoes	
ROGAN 🌶️ - Rich in Tomatoes & herbs	
DANSAK 🌶️🌶️ - With lentils, hot, sweet and sour	

BALTI

Served with a **plain naan (G)**.

CHICKEN / LAMB BALTI 🌶️	£11.95
CHICKEN TIKKA BALTI 🌶️	£12.95
MIXED VEGETABLE BALTI (V) 🌶️	£10.95

SEAFOOD

TANDOORI KING PRAWN MASALLA	£11.95
Prepared in a modern style with special spices	
SALMON TIKKA 🌶️	£12.95
Marinated spices & yogurt, cooked over charcoal.	
TANDOORI KING PRAWN XACUTI 🌶️🌶️	£11.95
Goan speciality, highly spiced and strong flavour	
KING PRAWN JALFREZI 🌶️🌶️🌶️	£11.95
Onions, chillies, peppers, and fresh herbs	

SPICE SPECIALS

CHICKEN TIKKA MASALLA	£10.95
Prepared in a modern style with special spices.	
GARLIC CHILI CHICKEN TIKKA MASALLA 🌶️	£10.95
With fresh garlic and chilli in a masalla sauce	
XACUTI CHICKEN / LAMB 🌶️🌶️	£10.95
Goan specialty, highly spiced and strong flavours, cooked using roasted spices with a hint of coconut.	
TAWA CHICKEN / LAMB 🌶️	£10.95
Sizzling combination of herbs & spices.	
MURGI MASALLA 🌶️	£10.95
Chicken Tikka cooked with Lamb mince & boiled egg.	
CHICKEN / LAMB PASANDA	£10.95
Ground almonds & coconut in a rich creamy sauce	
CHICKEN TIKKA JALFREZI 🌶️🌶️🌶️	£10.95
Onions, green chillies & peppers with fresh herbs	
BUTTER CHICKEN	£10.95
In a mild and buttery sauce.	
KADAI GOSTH 🌶️	£10.95
Slow cooked Lamb in spices with fried onions.	
NAGA CHICKEN / LAMB 🌶️🌶️🌶️	£10.95
With Naga Chilli, one of the hottest in the world	

BIRYANI

Prepared with rice & mixture of spices, meat/veg and fragrant herbs. **Served with Biryani Sauce**

CHICKEN / LAMB BIRYANI	£10.95
CHICKEN TIKKA BIRYANI	£11.95
VEGETABLE BIRYANI (V)	£9.95

It is unfortunately not possible to give a total guarantee that traces of particular allergens, including nuts, may not be present in all dishes, we will try to provide as much information as possible for you to make an informed choice.

VEGETABLE SIDES (V)

Make it a main course for only **£8.95**

VEGETABLE CURRY	£4.75
SAAG ALOO - Spinach & potatoes	£4.75
SAAG PONEER - Spinach & Indian cheese ...	£4.75
MUSHROOM BHAJI - in a light sauce	£4.75
BOMBAY ALOO	£4.75
ONION BHAJI	£3.95
TARKA DALL - Lentils with fresh garlic	£4.75

RICE & BREAD

PILAU RICE	£3.25
PLAIN RICE	£2.95
SPECIAL FRIED RICE	£3.75
MUSHROOM RICE	£3.75
COCONUT RICE	£3.75
NAAN (G)	£2.75
PESHWARI NAAN (G)	£3.25
GARLIC NAAN (G)	£3.25
KEEMA NAAN (G)	£3.95
CHEESE NAAN (G)	£3.50
CHAPATTI (G)	£1.75

EXTRAS

PAPADAM	£0.80
SPICY PAPADAM	£0.80
CHUTNEY (per person)	£0.80
CHIPS	£2.50